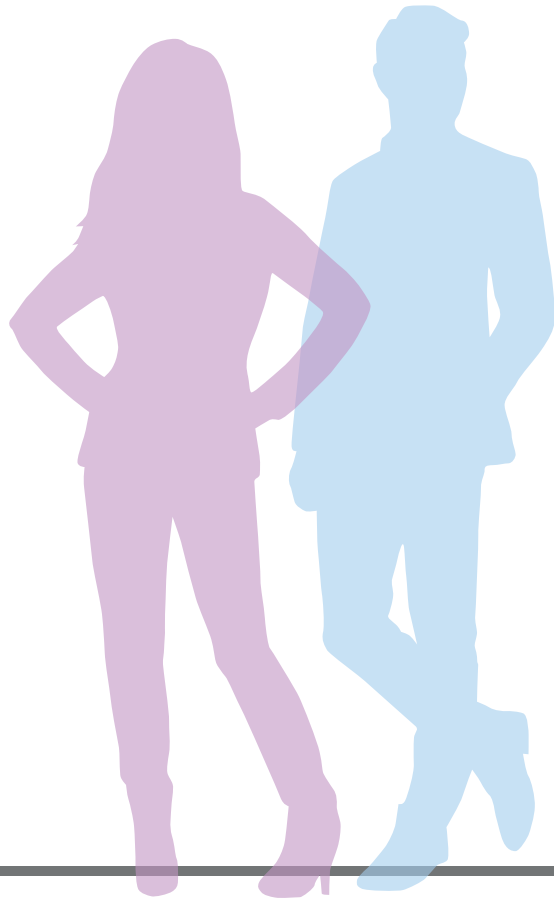


**VDÄPC**

VEREINIGUNG DER DEUTSCHEN  
ÄSTHETISCH-PLASTISCHEN CHIRURGEN



# 2023 Treatment Statistics

## member survey

[www.vdaepc.de](http://www.vdaepc.de)

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# Foreword



Dear friends,

As the VDÄPC's most recent treatment statistics show, demand for aesthetic procedures increased by around 5% in 2022. Aesthetic plastic surgery's position within our society is now firmly established. Our members have observed that patients in Germany generally strive for a natural aesthetic—they wish to avoid looking as though they have “had work done”. Many of our patients are particularly conscientious about coupling a healthy lifestyle with a healthy, natural appearance.

Demand for wrinkle treatment with botulinum toxin increased by 7.8% in 2022, making it the most popular procedure among both male and female patients once again; hyaluronic acid applications came in second, with an increase of 0.8%. Patients often come to us out of a desire for younger-looking facial features and a more vibrant, alert overall appearance. Overall, our members reported performing 10.5% more minimally invasive procedures than in the previous year. Aesthetic plastic operations like tummy tucks and liposuction are becoming more popular as well. A full 87.5% of our patients are female, which represents a 7.3% increase over the year before. The most requested procedures among women included wrinkle treatment with botulinum toxin, hyaluronic acid and fillers as well as liposuction, lip correction and breast augmentation.

As the country's largest survey of aesthetic plastic surgeons, the VDÄPC's annual treatment statistics shed light on current developments in the field and identify national trends. The data refers to the number of operations and procedures that the VDÄPC's approximately 100 members perform each year in their clinics, hospitals and private practices.

We hope you enjoy reading the new 2023 VDÄPC statistics report.



Best regards  
Detlev Hebebrand  
VDÄPC President  
May 2023

**Publisher:** The Association of German Aesthetic Plastic Surgeons (VDÄPC) is the largest association of plastic surgeons in Germany. Members of the VDÄPC include plastic and cosmetic surgeons working in hospitals as well as in private practices. Even after obtaining specialist certification as plastic and cosmetic surgeons, VDÄPC members are obliged to maintain exceptional practical skills and current knowledge through ongoing professional development.



# Overall Figures 2022 vs. 2021

Total procedures:



Plastic surgery  
procedures:

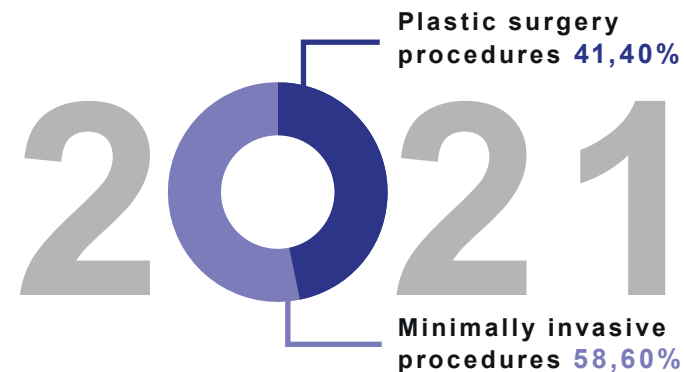
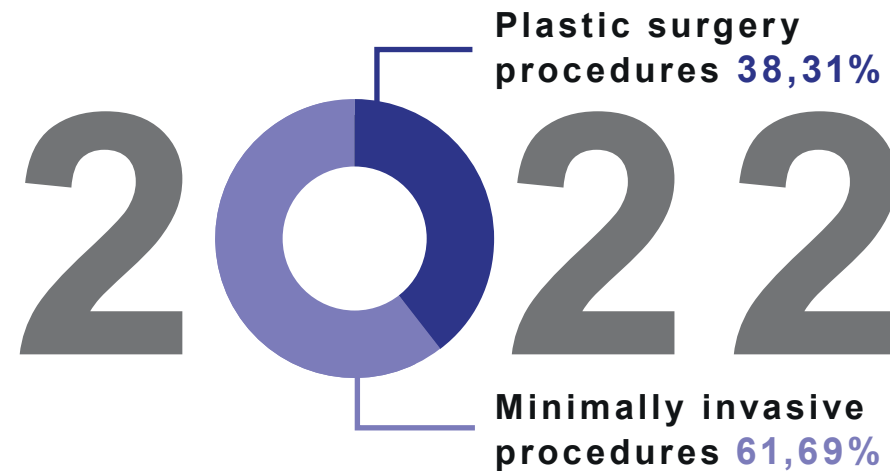


Minimally invasive  
procedures:





# Breakdown by procedure type 2022 vs. 2021





# Key trends 2022

10,5%

Increase in minimally invasive procedures

♀ women: 10,3%    ♂ men: 15,6%

57,2%

Increase in facelifts

♀ women: 80,4%    ♂ men: 33,6%

0,8%

Increase in hyaluronic acid treatments

♀ women: 2,6%    ♂ men: -53,3%

2%

Increase in liposuctions

♀ women: 2,8%    ♂ men: -0,7%

7,8%

Increase in botulinum treatments

♀ women: 8,3%    ♂ men: -2,1%

12,4%

Increase in breast augmentations

38,8%

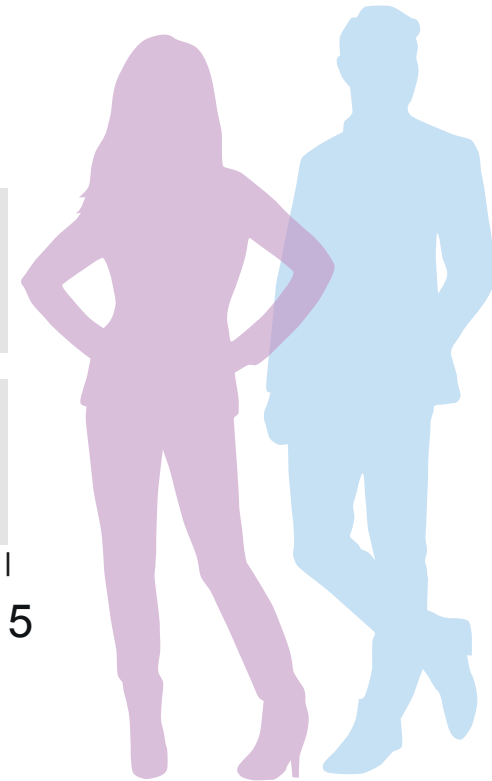
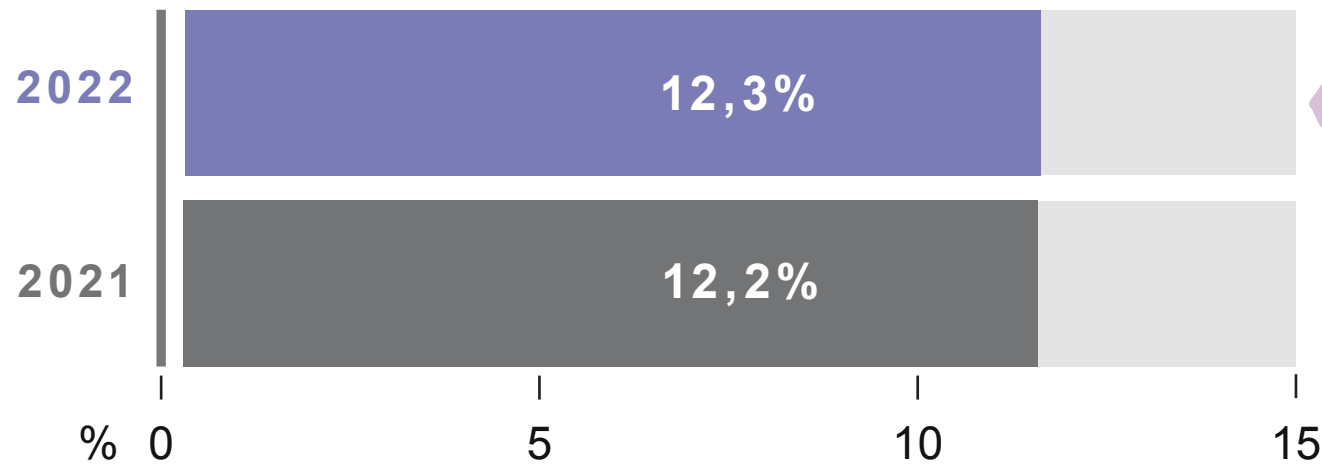
Increase in implant changes

-12,4%

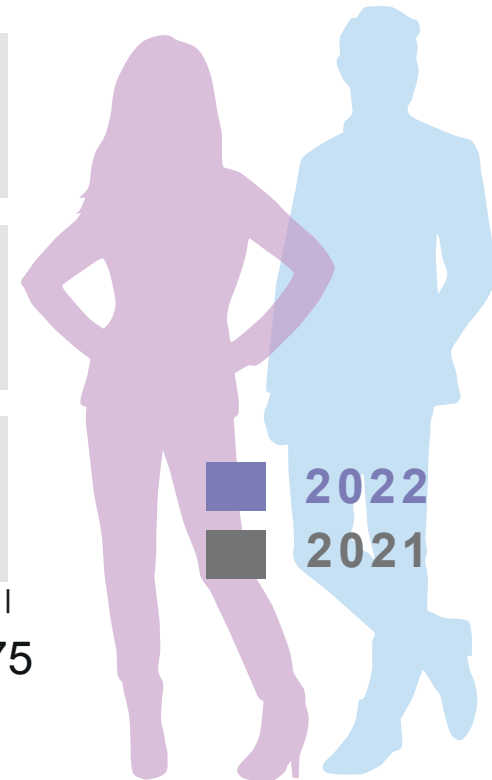
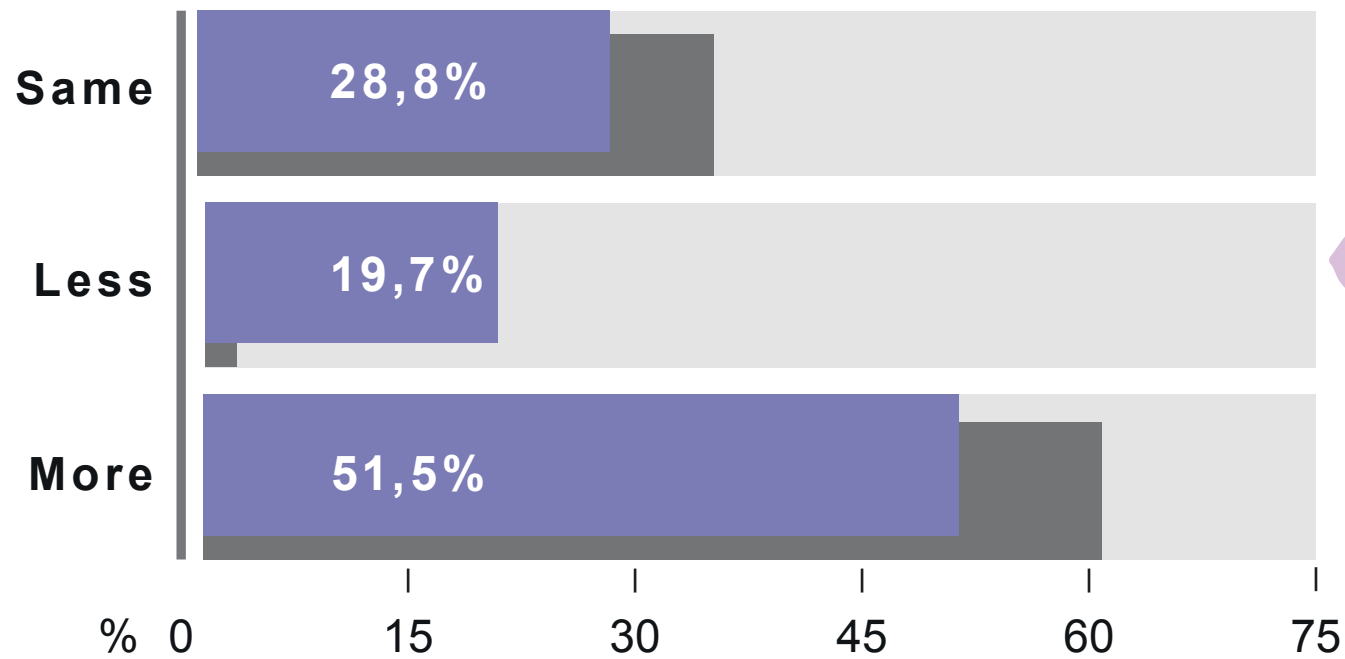
Descent in breast augmentations



# What percentage of your patients come to you from other doctors for corrective treatment?



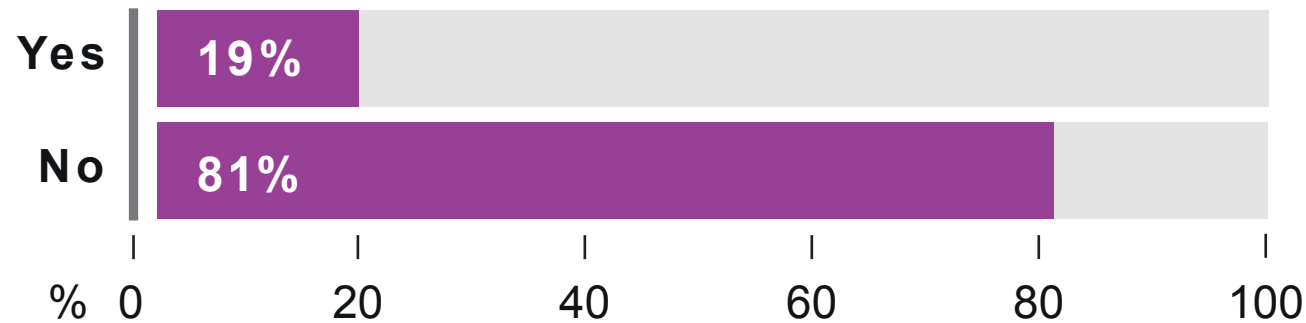
# Are patients becoming more critical?





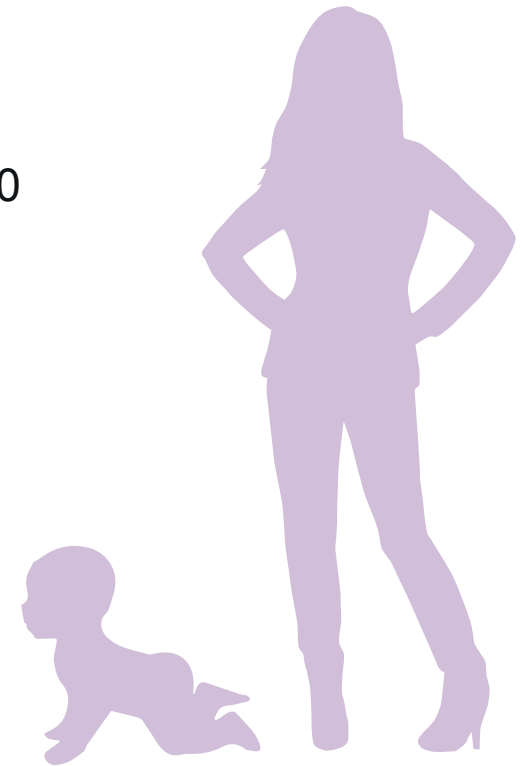
# Mommy Makeover

1. DO YOU THINK THERE IS AN INCREASE IN MOMMY MAKEOVER PROCEDURES (ESTIMATE)?



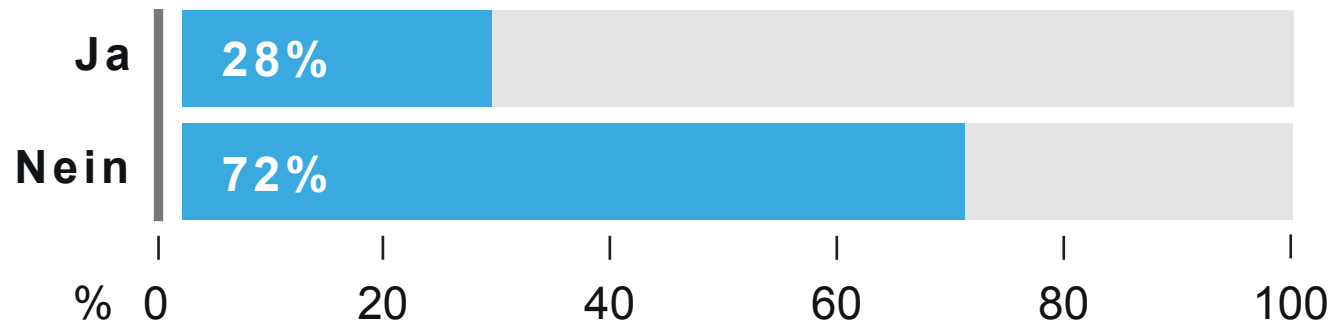
2. WHAT ARE THE MOST COMMON MOMMY MAKEOVER PROCEDURES (ESTIMATE)?

1. Breast lift
2. Tummy tuck
3. Breast augmentation
4. Genital surgery
5. Scar correction



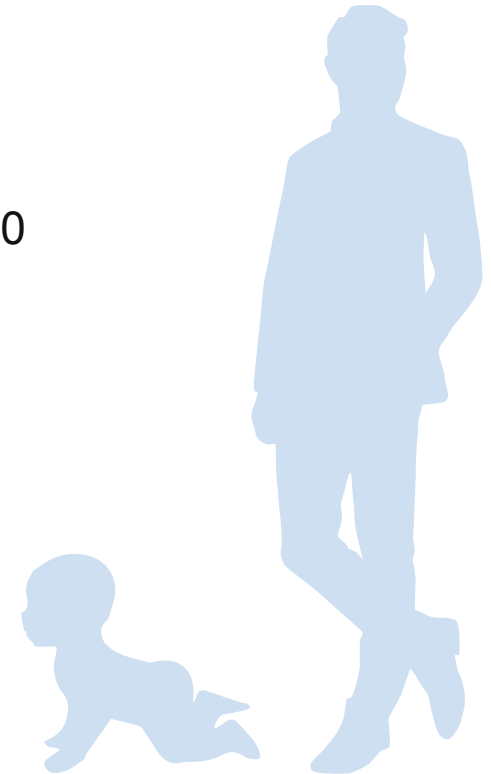
# Daddy Makeover

## 3 . DO YOU THINK THERE IS AN INCREASE IN DADDY MAKEOVER PROCEDURES (ESTIMATE)?



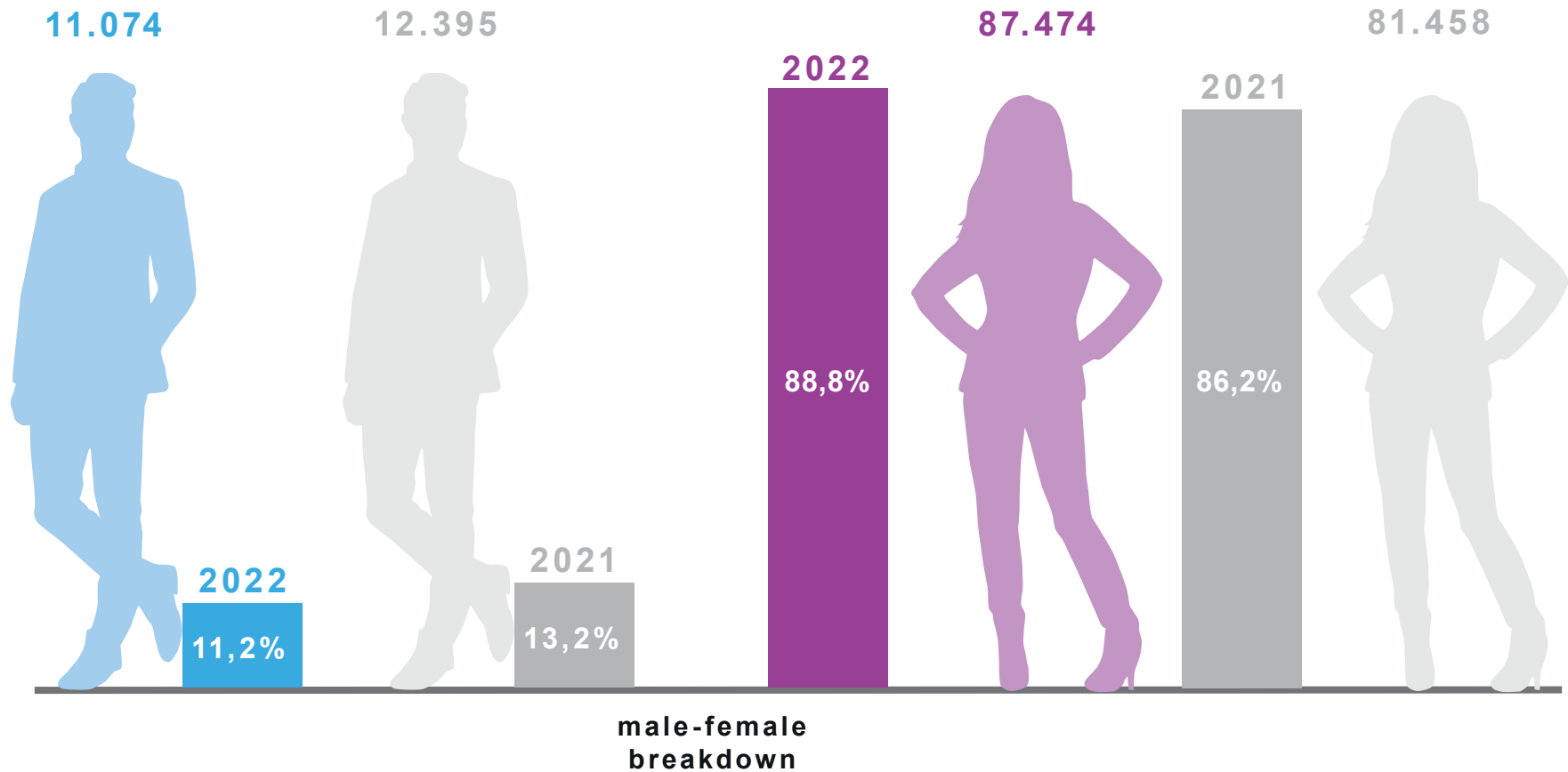
## 4 . WHAT ARE THE MOST COMMON DADDY MAKEOVER PROCEDURES (ESTIMATE)?

1. Liposuction
2. Wrinkle treatment
3. Upper eyelid lift

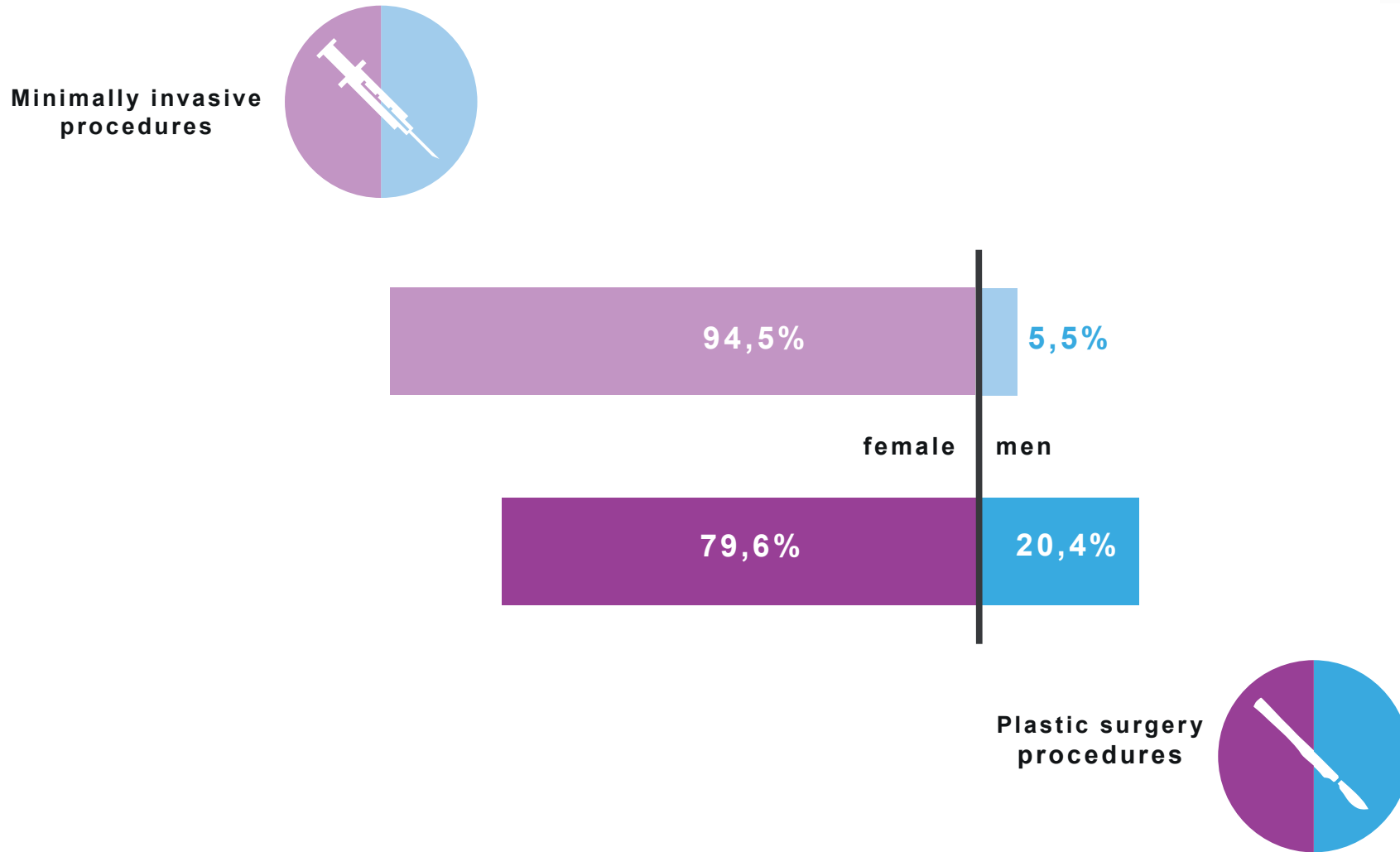




# Gender distribution of procedures in 2022 vs. 2021

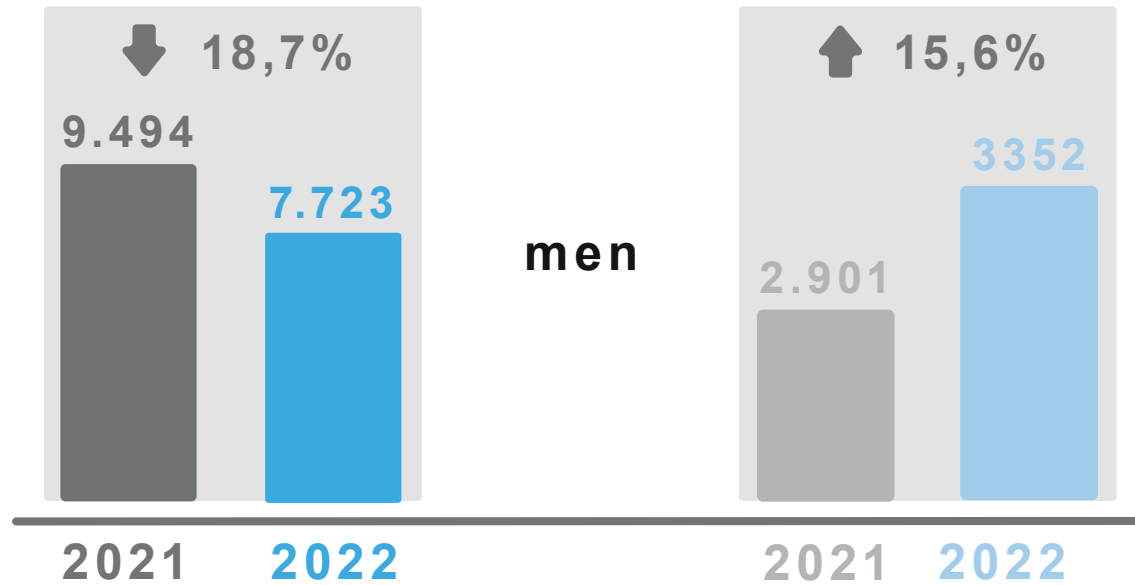


# Gender distribution of procedure types 2022

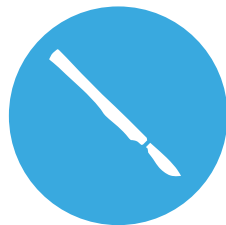




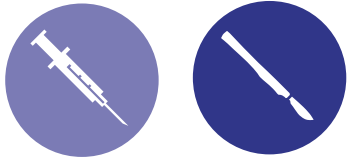
# Procedure types among men 2022 vs. 2021



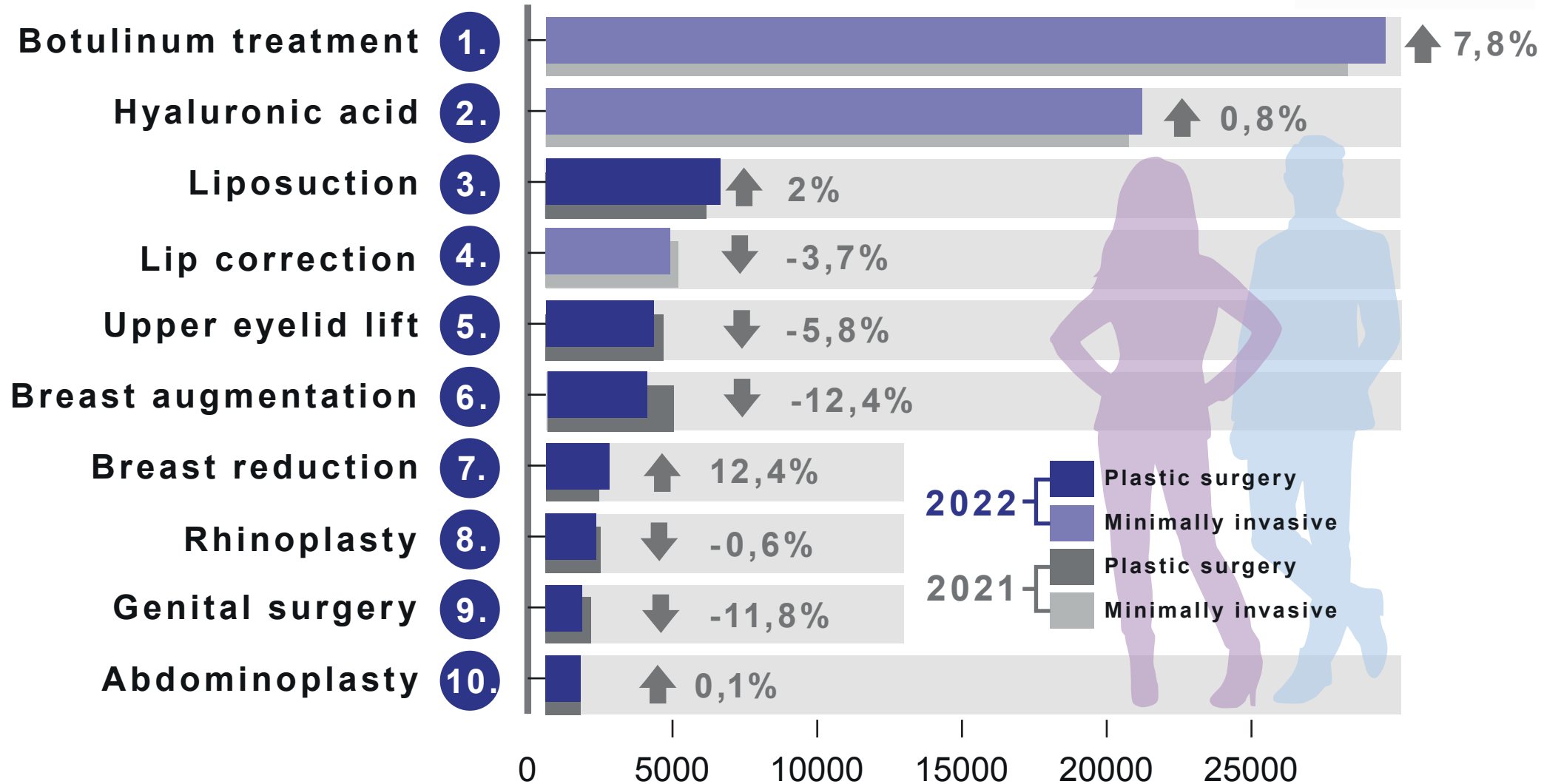
Plastic surgery procedures



Minimally invasive procedures

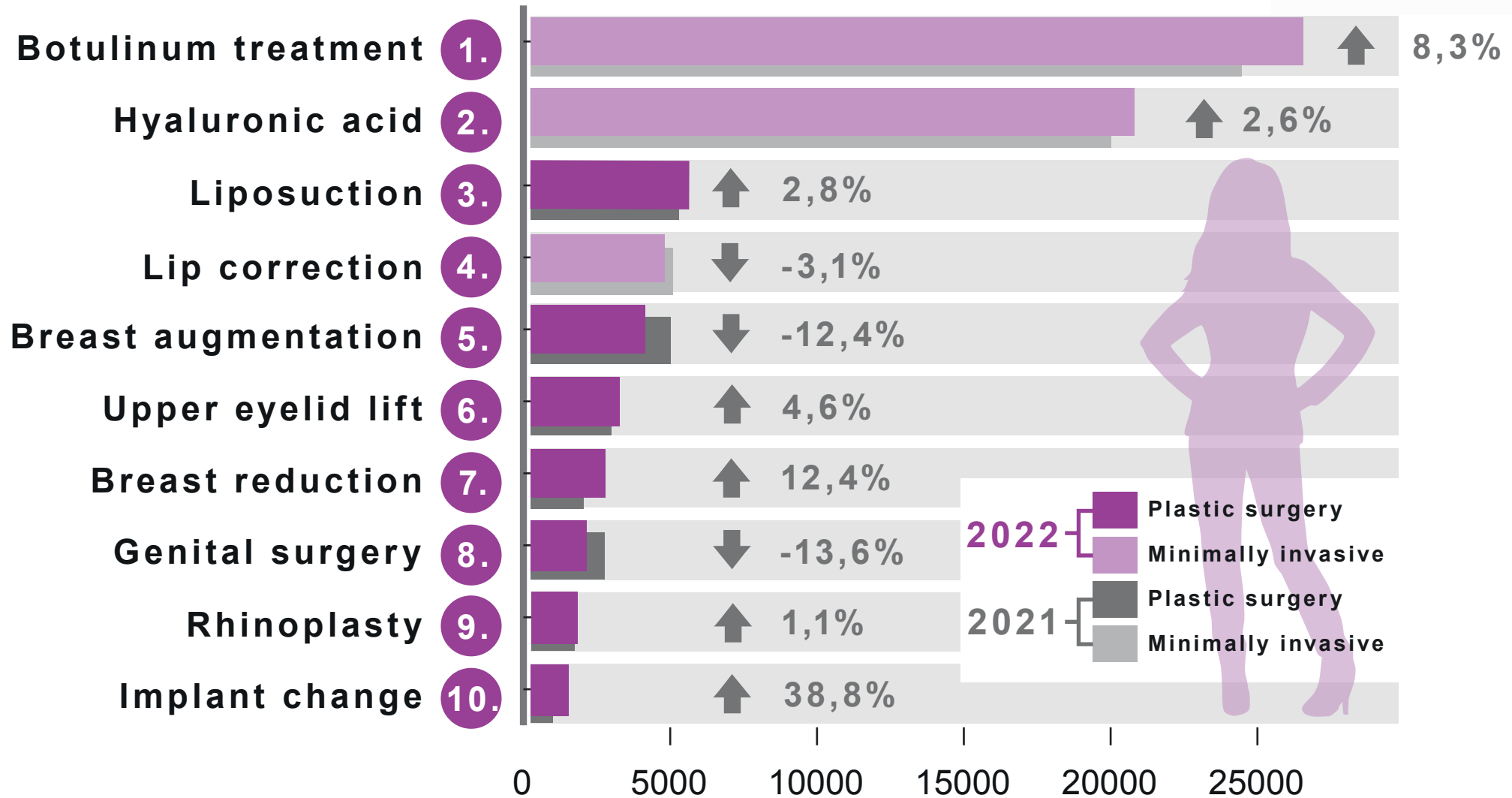


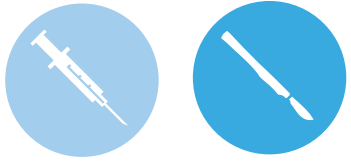
# Top 10 procedures 2022 vs. 2021



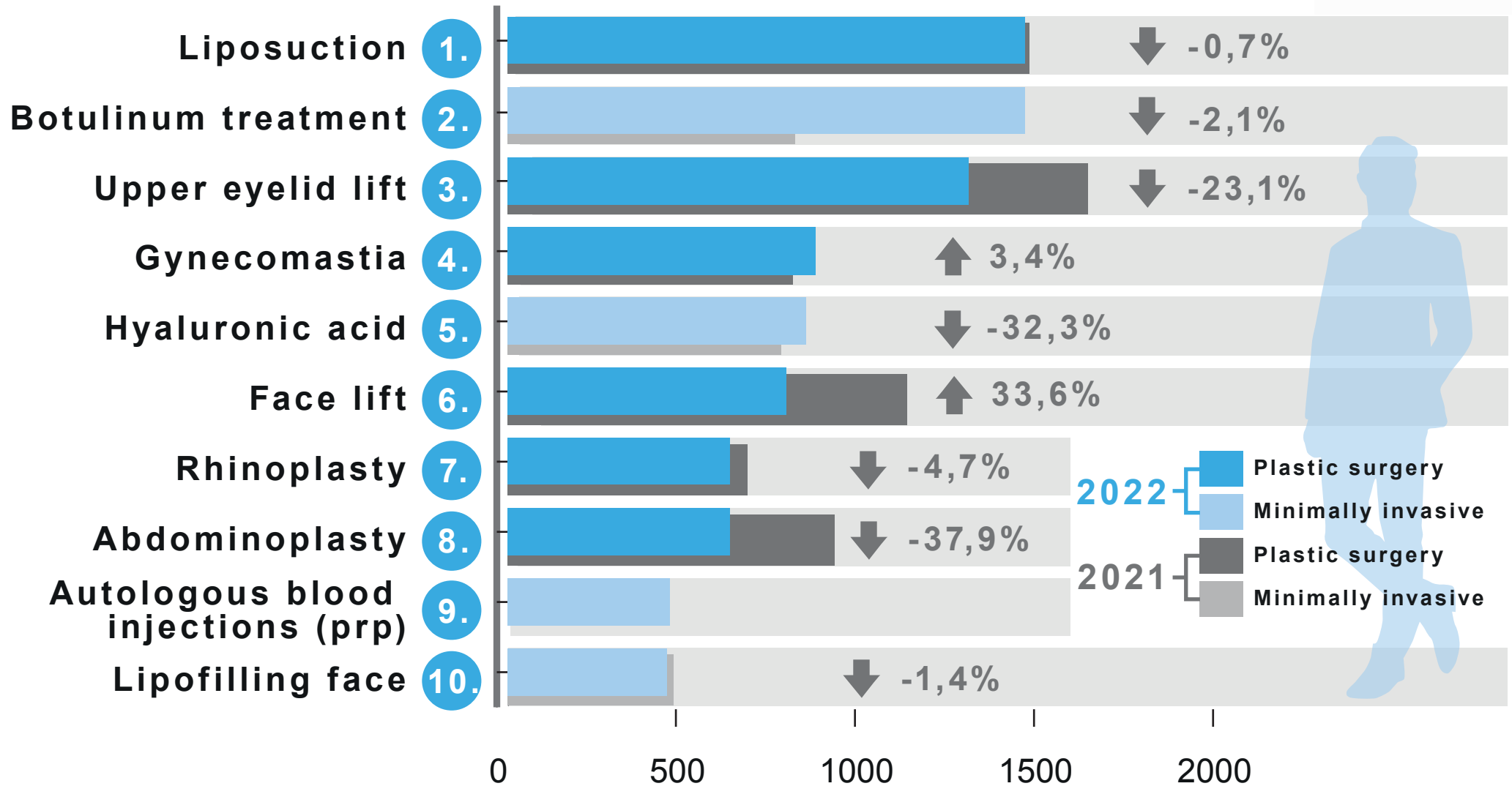


# Top 10 procedures among women 2022 & 2021





# Top 10 procedures among men 2022 & 2021





# Top 5 procedures 2022 vs. 2021

2022			2021	
29.112	Botulinum treatment	1.	Botulinum treatment	27.018
21.756	Hyaluronic acid	2.	Hyaluronic acid	21.574
6.802	Liposuction	3.	Liposuction	6.665
4.994	Lip correction	4.	Lip correction	5.188
4.282	Upper eyelid lift	5.	Breast augmentation	4.759



# Top 5 procedures - women 2022 vs. 2021

	2022		2021
27.637	Botulinum treatment	1.	Botulinum treatment 25.512
21.005	Hyaluronic acid	2.	Hyaluronic acid 20.465
5.322	Liposuction	3.	Liposuction 5.175
4.901	Lip correction	4.	Lip correction 5.059
4.171	Breast augmentation	5.	Breast augmentation 4.759

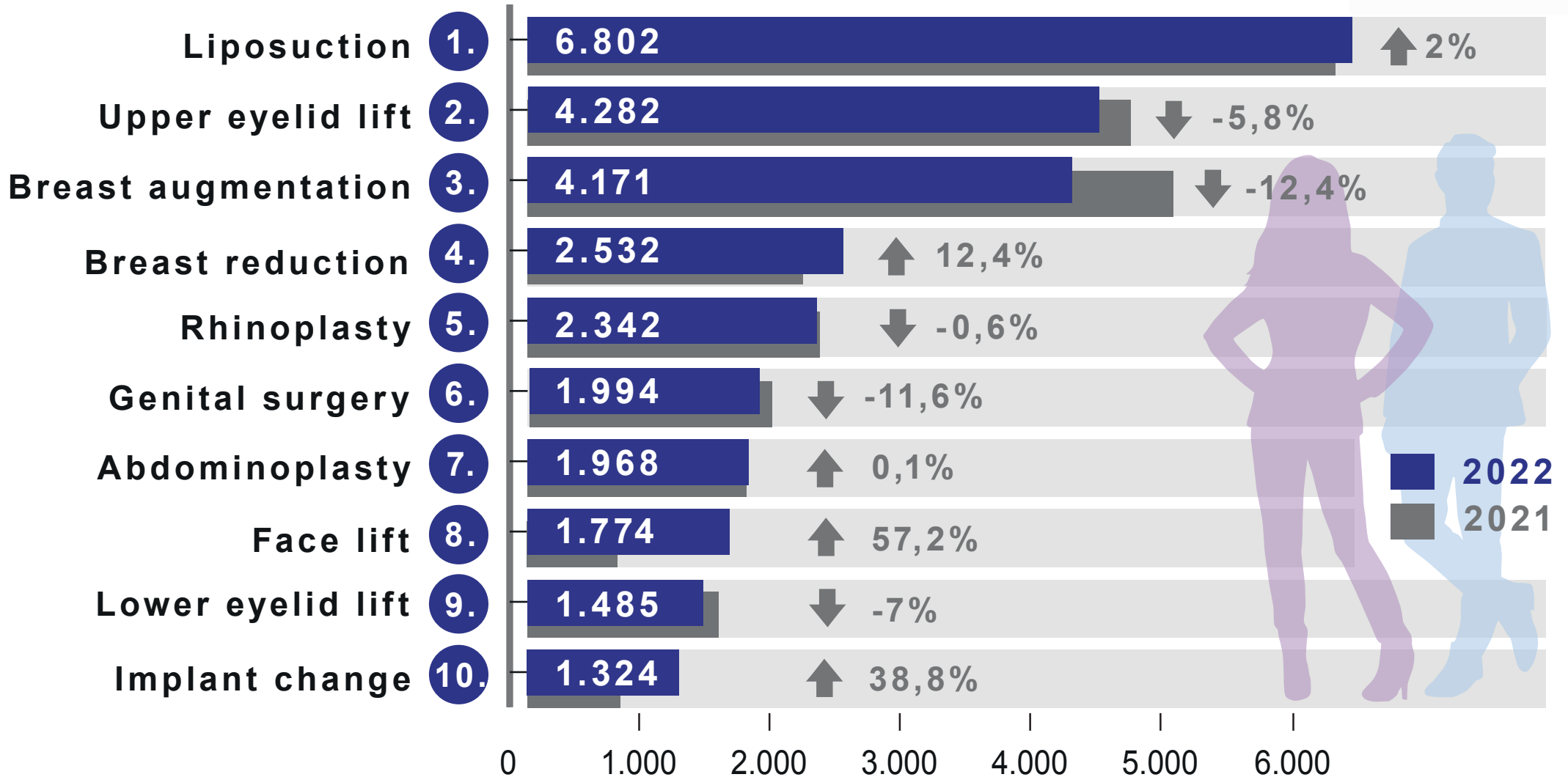


# Top 5 procedures - men 2022 vs. 2021

2022			2021	
1.480	Liposuction	1.	Upper eyelid lift	1.710
1.475	Botulinum treatment	2.	Botulinum treatment	1.506
1.315	Upper eyelid lift	3.	Liposuction	1.490
885	Gynecomastia	4.	Hyaluronic acid	1.109
751	Hyaluronic acid	5.	Abdominoplasty	1.040

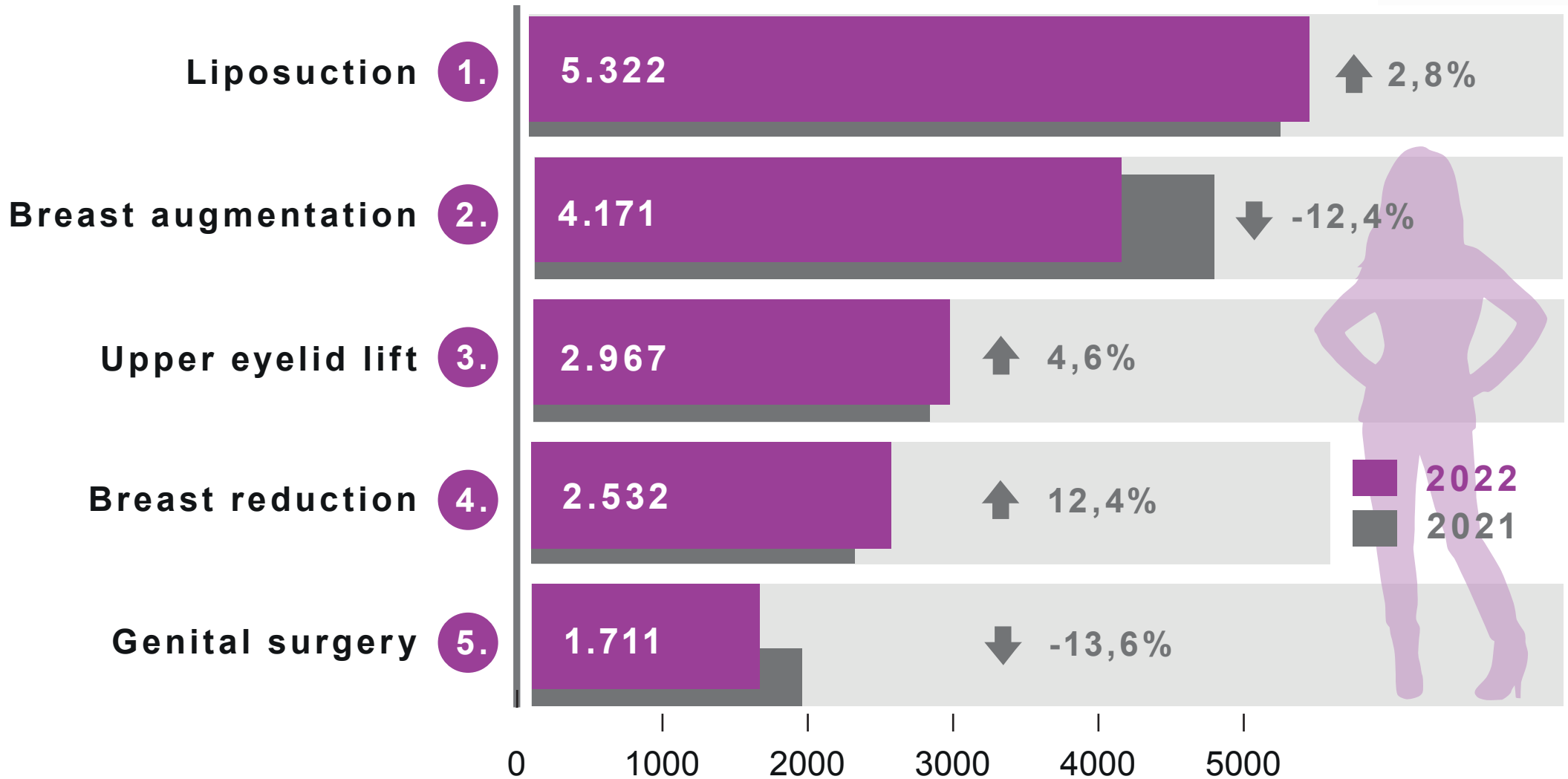


# Top 10 plastic surgery procedures 2022 vs. 2021



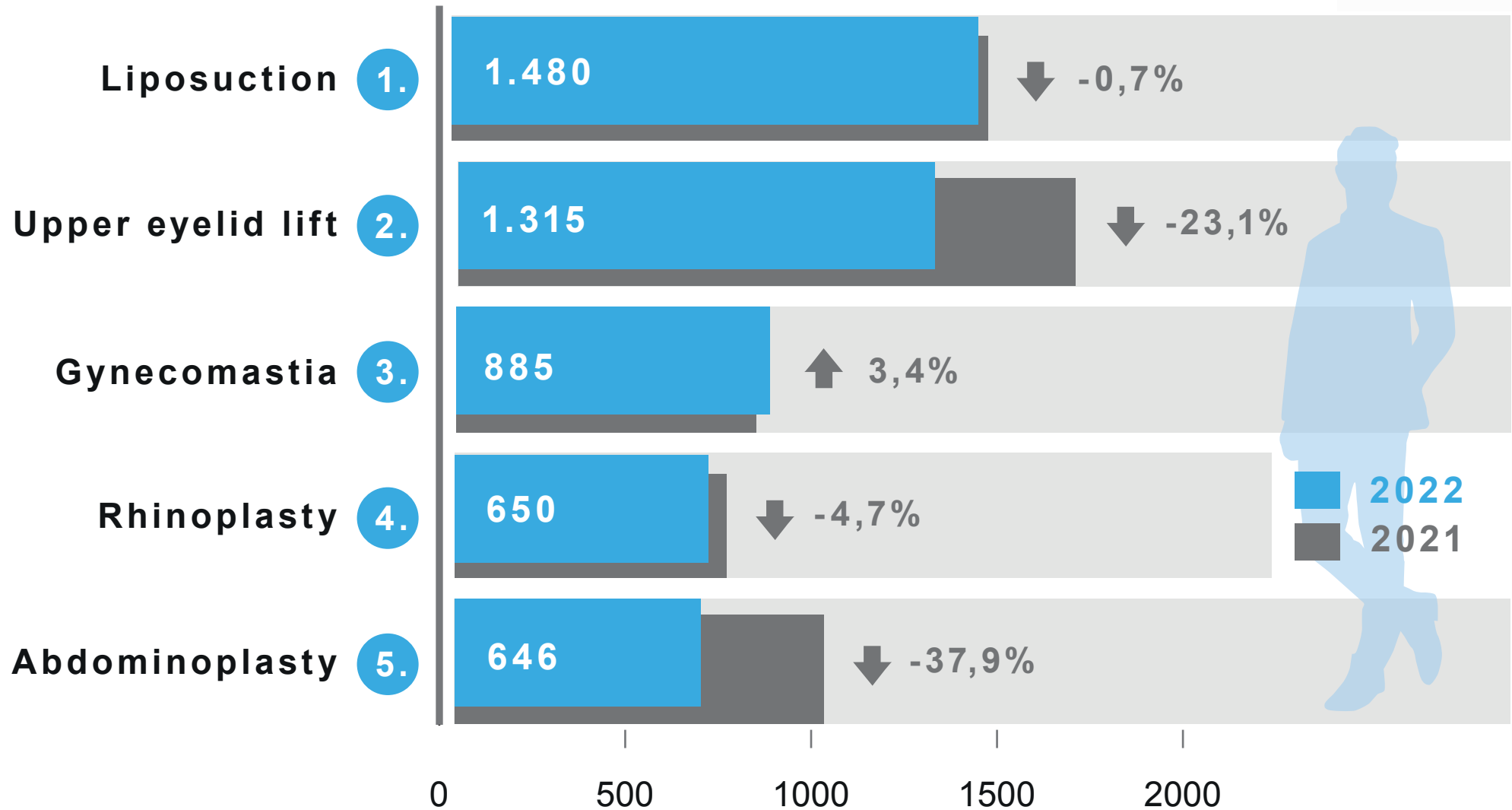


# Top 5 plastic surgery procedures - women 2022 vs. 2021



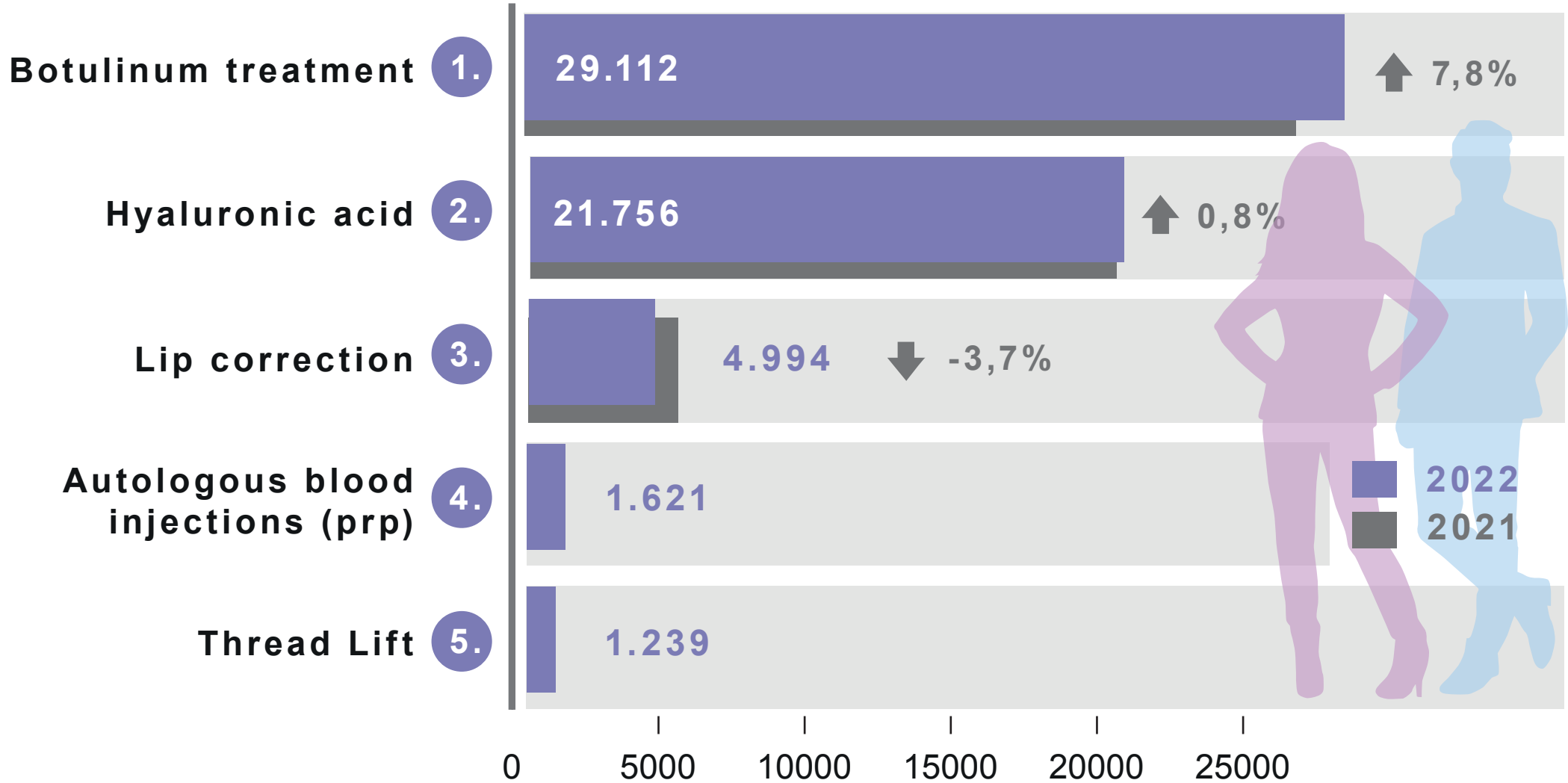


## Top 5 plastic surgery procedures - men 2022 vs. 2021



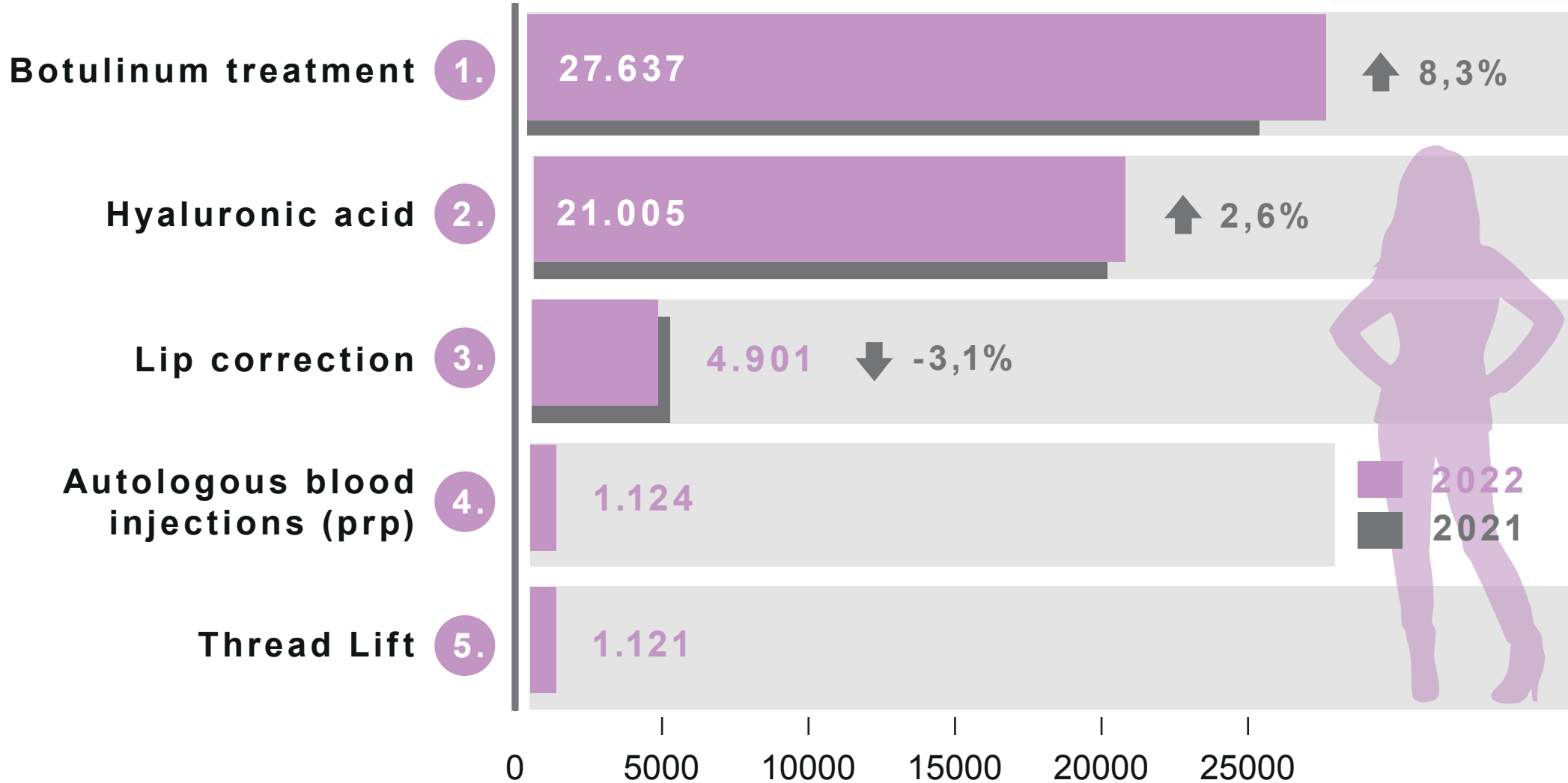


# Top 5 minimally invasive procedures - 2022 vs. 2021





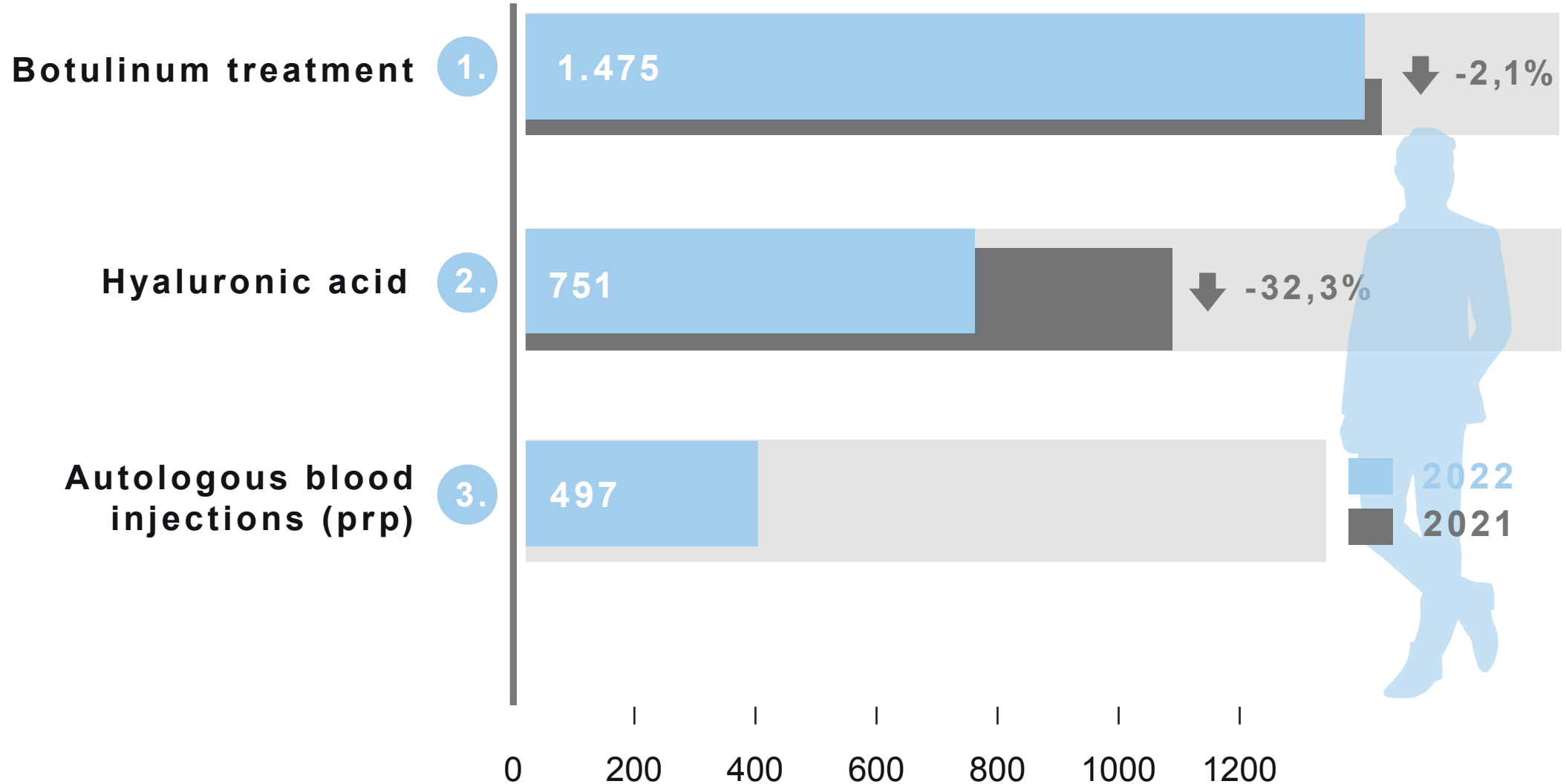
# Top 5 minimally invasive procedures - women 2022 vs. 2021





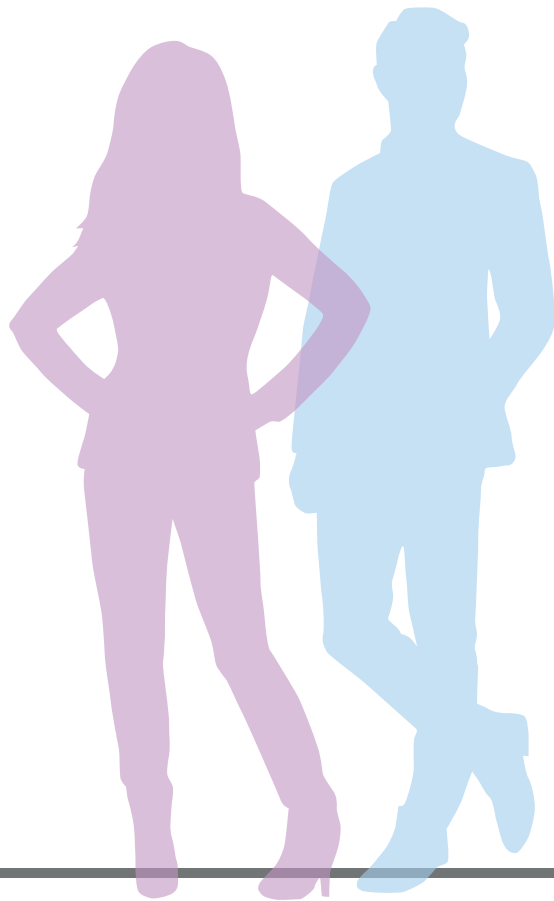


## Top 3 minimally invasive procedures - men 2022 vs. 2021



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## Thanks to

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